

LODDON WHITE DOLPHIN SWIMMING CLUB



Founder- E. White D.L.C. (Hons)
President & Chief Coach - Mrs Pam Stone Tel: 01508 538555
Chairman – Mr Mark Stone
Secretary – Mrs Olwen Jennison
Welfare Officer – Miss Stacey Taylor



www.nelsonsdomain.co.uk/loddonwhitedolphins/

Dear Parents/Carers

January 2010

Welcome to Loddon White Dolphin Swimming Club.

Teaching since 1975, White Dolphins is non-profit making and a non-competitive swimming club aimed at teaching youngsters aged from 3yrs–16yrs.

AIM OF THE CLUB

- ❖ To teach, at an affordable cost making swimming available to all children, a high standard of swimming and water safety using the ASA swimming program and badge system. Emphasis is on good stroke technique and improved fitness.

ORGANISATION

- ❖ The running of White Dolphins is decided by a committee who meets at least every 3 months; parents can raise any appropriate issue by speaking to a teacher/committee member – contact details are displayed on the club notice board in Hobart High School entrance.

SAFETY

- ❖ Loddon White Dolphins and ASA are committed to good child welfare policies and practice.
- ❖ The club, under ASA guidance, operates a child welfare policy; an anti bullying policy; a club equity policy and club disciplinary policy - all of which can be viewed on the ASA website www.swimming.org or alternatively on club nights, ask a teacher for 'Wavepower'. The club rules are displayed on the notice board.
- ❖ In a situation where a child is at risk of harm or has been harmed the parent/club welfare officer should contact the police/social services directly and inform the ASA ICPO as soon as possible.
- ❖ Useful websites for parents, children and young people
 - **Kidscape** www.kidscape.org.uk
Helpline & downloadable leaflets on what to do if your child is being bullied.
 - **NSPCC Child Protection Helpline** Tel. 0808 800 5000
Worried about a child? Help for adults.
 - **Childline** Tel. 0800 1111
Help for children & teenagers. Need advice or just want to talk? Calls are free & confidential.
 - **Department for Culture, Media & Sport** www.culture.gov.uk
Help keep your child safe in sport. Downloadable child protection leaflet for parents.
 - **Child Protection in Sport Unit (CPSU)** Tel. 0116 234 7278 www.cpsu.org.uk
Downloadable documents.

ACTIVITIES

- ❖ Annual Gala for swimmers aged 6yrs – 15 yrs.
- ❖ Christmas Party.
- ❖ Fund Raising Events in aid of the Hobart Pool Appeal – help us raise money by bringing in your old mobile phones for recycling or do your online purchasing through www.easyfundraising.org.uk – no extra cost & the club receives a donation.
- ❖ Watch Week – for parents/carers, usually the last week of 10 week term.

DRESS CODE

- ❖ Girls - one-piece costumes
- ❖ Boys - trunks
- ❖ Club costumes, trunks, hats and goggles are available for sale on club nights, please ask a teacher

INFORMATION

- ❖ The club notice boards are situated in the entrance to Hobart and the entrance to the pool. Please take a minute to look at the boards **each time** you are at club night.
- ❖ Register your home and work email addresses with us to keep up-to-date with information and pool closures.
- ❖ Loddon White Dolphin Swimming Club website www.nelsonsdomain.co.uk/loddonwhitedolphins/

Finally we hope you enjoy your time with Loddon White Dolphin Swimming Club



SUPPORTING HOBART POOL APPEAL

